

**Newaygo County Mental Health  
Minutes of the Regular Meeting  
October 9, 2025  
10:00 a.m.**

**Call to Order/Welcome/Prayer**

The regular monthly meeting of the Board of Directors of Newaygo County Mental Health was called to order by Vice-chair Twing at 10:00 a.m. on Thursday, October 9, 2025 in the Board Conference Room.

Member Mast opened the meeting with prayer.

**Roll Call**

Members Present: Sarah Boluyt, Kathy Broome, Catherine Kellerman, Bryan Kolk, Todd Koopmans, Wayne Mast, Michelle Petz (Zoom at 10:30 a.m.), Tonya Prewitt, Lori Schultz, Helen Taube, Sue Twing

Members Excused: Ken DeLaat

Others Present: Jeff Labun, COO and Shannon Woodside, recording secretary

**Communications from the Public**

No communication from the public.

**Approval of Agenda**

**Motion** by Member Mast, supported by Member Boluyt to amend the agenda to add 9.2.7 Empower Retirement. No discussion; motion carried unanimously.

**Approval of Regular Minutes**

**Motion** by Member Kolk, supported by Member Koopmans, to approve the minutes of the Regular Board meeting of September 11, 2025 as presented. No discussion; motion carried unanimously.

**Art Wunsch Award**

Member Broome presented the Art Wunsch Award to Rachael Osborne.

**Directors Update**

Reviewed Director Mills written report.

**Executive Committee**

*Adjustment of start time of November 13, 2025 board meeting*

**Motion** by Member Kolk, supported by Member Broome to adjust the start time of the Board of Directors meeting on November 13, 2025 from 10:00 a.m. to 11:00 a.m. Discussion took place, motion carried unanimously.

## **Finance**

Check Register, Cash Statement, Budget to Actual, Medicaid Revenues and Medicaid Paid Eligibles were reviewed with inquiries addressed by Jeff Labun, COO.

*Resolution to Terminate Participation in the MERS 401(a) Defined Contribution Plan*

**Motion** by Member Boluyt, supported by Member Kellerman, to approve the resolution to terminate participation in the MERS 401(a) Defined Contribution Plan. Discussion took place; motion carried unanimously.

*Empower Retirement*

**Motion** by Member Kolk, supported by Member Schultz, to establish official move of Newaygo County Mental Health Defined Contribution Plan 401(a) to Empower Retirement. Discussion took place; motion carried unanimously.

## **Policy Committee**

No meeting scheduled.

## **Recipient Rights**

Next meeting is November 10, 2025 at 10:00 a.m.

## **Client Advisory Committee (CAC)**

Reviewed minutes of September 25, 2025.

Next meeting is January 22, 2026 at 12:30 p.m. Lunch will be at 12:00 p.m.

## **Promotion & Education Committee**

No meeting scheduled.

## **Mid-State Health Network (MSHN)**

No update.

## **Community Mental Health Association (CMHA)**

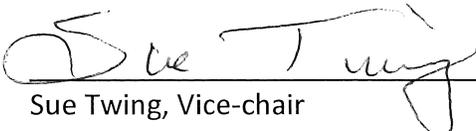
No update.

## **Communications from the Public**

Member Twing inquired if the Fremont Foundation could help with funding to build a tiny house on the same lot that the Pine Hill house is on. Member Prewitt mentioned that tiny houses have been built for homeless/transitional housing in the area.

## **Adjournment**

**Motion** by Member Kolk, supported by Member Mast, to adjourn at 10:47 a.m.

  
Sue Twing, Vice-chair

  
Kathy Broome, Secretary